

The Green Platform Simply Life Changing

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New Power Jeremy Heimans 2018-04-03 NOW A NATIONAL BESTSELLER The definitive guide to spreading ideas, building movements, and leaping ahead in our chaotic, connected age. Get the book New York Times columnist David Brooks calls "the best window I've seen into this new world." Why do some leap ahead while others fall behind in our chaotic, connected age? In *New Power*, Jeremy Heimans and Henry Timms confront the biggest stories of our time--the rise of mega-platforms like Facebook and Uber; the out-of-nowhere victories of Obama and Trump; the unexpected emergence of movements like #MeToo--and reveal what's really behind them: the rise of "new power." For most of human history, the rules of power were clear: power was something to be seized and then jealously guarded. This "old power" was out of reach for the vast majority of people. But our ubiquitous connectivity makes possible a different kind of power. "New power" is made by many. It is open, participatory, and peer-driven. It works like a current, not a currency--and it is most forceful when it surges. The battle between old and new power is determining who governs us, how we work, and even how we think and feel. *New Power* shines fresh light on the cultural phenomena of our day, from #BlackLivesMatter to the Ice Bucket Challenge to Airbnb, uncovering the new

power forces that made them huge. Drawing on examples from business, activism, and pop culture, as well as the study of organizations like Lego, NASA, Reddit, and TED, Heimans and Timms explain how to build new power and channel it successfully. They also explore the dark side of these forces: the way ISIS has co-opted new power to monstrous ends, and the rise of the alt-right's "intensity machine." In an era increasingly shaped by new power, this groundbreaking book offers us a new way to understand the world--and our role in it.

Green Mansions William Henry Hudson 2022-02-01 Green Mansions, novel by W.H. Hudson, published in 1904. An exotic romance set in the jungles of South America, the story is narrated by a man named Abel who as a young man had lived among the aboriginal people. He tells of Rima, a strange birdlike woman with whom he falls in love.

The Systems Work of Social Change Cynthia Rayner 2021-10-05 The issues of poverty, inequality, racial injustice, and climate change have never been more pressing. This book draws on stories of committed social changemakers to uncover effective principles and practices for social change, distilling a timely set of lessons on how connection, context, and power sit at the heart of the change process.

Python Data Science Handbook Jake VanderPlas 2016-11-21 For many

researchers, Python is a first-class tool mainly because of its libraries for storing, manipulating, and gaining insight from data. Several resources exist for individual pieces of this data science stack, but only with the Python Data Science Handbook do you get them all—IPython, NumPy, Pandas, Matplotlib, Scikit-Learn, and other related tools. Working scientists and data crunchers familiar with reading and writing Python code will find this comprehensive desk reference ideal for tackling day-to-day issues: manipulating, transforming, and cleaning data; visualizing different types of data; and using data to build statistical or machine learning models. Quite simply, this is the must-have reference for scientific computing in Python. With this handbook, you'll learn how to use: IPython and Jupyter: provide computational environments for data scientists using Python NumPy: includes the ndarray for efficient storage and manipulation of dense data arrays in Python Pandas: features the DataFrame for efficient storage and manipulation of labeled/columnar data in Python Matplotlib: includes capabilities for a flexible range of data visualizations in Python Scikit-Learn: for efficient and clean Python implementations of the most important and established machine learning algorithms

A Decolonial Ecology Malcom Ferdinand 2021-11-11 The world is in the midst of a storm that has shaped the history of modernity along a double fracture: on the one

hand, an environmental fracture driven by a technocratic and capitalist civilization that led to the ongoing devastation of the Earth's ecosystems and its human and non-human communities and, on the other, a colonial fracture instilled by Western colonization and imperialism that resulted in racial slavery and the domination of indigenous peoples and women in particular. In this important new book, Malcom Ferdinand challenges this double fracture, thinking from the Caribbean world. Here, the slave ship reveals the inequalities that continue during the storm: some are shackled inside the hold and even thrown overboard at the first gusts of wind. Drawing on empirical and theoretical work in the Caribbean, Ferdinand conceptualizes a decolonial ecology that holds protecting the environment together with the political struggles against (post)colonial domination, structural racism, and misogynistic practices. Facing the storm, this book is an invitation to build a world-ship where humans and non-humans can live together on a bridge of justice and shape a common world. It will be of great interest to students and scholars in environmental humanities and Latin American and Caribbean studies, as well as anyone interested in ecology, slavery, and (de)colonization.

How to Change Katy Milkman 2021-05-06 'Game-changing. Katy Milkman shows in this book that we can all be a super human' Angela Duckworth, bestselling author of Grit How to Change is a powerful, groundbreaking blueprint to help you -

and anyone you manage, teach or coach - to achieve personal and professional goals, from the master of human nature and behaviour change and Choiceology podcast host Professor Katy Milkman. Award-winning Wharton Professor Katy Milkman has devoted her career to the study of behaviour change. An engineer by training, she approaches all challenges as problems to be solved and, with this mind-set, has drilled into the roadblocks that prevent us from achieving our goals and breaking unwanted behaviours. The key to lasting change, she argues, is not to set ever more audacious goals or to foster good habits but to get your strategy right. In *How to Change* Milkman identifies seven human impulses, or 'problems', that commonly sabotage our attempts to make positive personal and professional change. Then, crucially, instead of getting you to do battle with these impulses she shows you how to harness them and use these as driving forces to help instil new, positive behaviours - better, faster and more efficiently than you could imagine. Drawing her own original research, countless engaging case studies and practical tools throughout to help you put her ideas into action, Milkman reveals a proven, inspiring path that can take you - once and for all - from where you are today to where you want to be.

The Green Platform Declan Coyle 2012-09 The green platform is a state of mind demonstrating how each individual can take control of their own lives to be their

own game changer. Declan Coyle explains that to be a game changer you need to recognize your power to choose one of two platforms: the negative, blaming, complaining 'red platform' or the positive, constructive, proactive 'green platform'.

Machine Habitus Massimo Airoidi 2021-12-13 We commonly think of society as made of and by humans, but with the proliferation of machine learning and AI technologies, this is clearly no longer the case. Billions of automated systems tacitly contribute to the social construction of reality by drawing algorithmic distinctions between the visible and the invisible, the relevant and the irrelevant, the likely and the unlikely – on and beyond platforms. Drawing on the work of Pierre Bourdieu, this book develops an original sociology of algorithms as social agents, actively participating in social life. Through a wide range of examples, Massimo Airoidi shows how society shapes algorithmic code, and how this culture in the code guides the practical behaviour of the code in the culture, shaping society in turn. The 'machine habitus' is the generative mechanism at work throughout myriads of feedback loops linking humans with artificial social agents, in the context of digital infrastructures and pre-digital social structures. Machine Habitus will be of great interest to students and scholars in sociology, media and cultural studies, science and technology studies and information technology, and to anyone interested in the growing role of algorithms and AI in our social and

cultural life.

The Anthropocene Reviewed John Green 2021-05-18 Goodreads Choice winner for Nonfiction 2021 and instant #1 bestseller! A deeply moving collection of personal essays from John Green, the author of *The Fault in Our Stars* and *Turtles All the Way Down*. “The perfect book for right now.” –People “The Anthropocene Reviewed is essential to the human conversation.” –Library Journal, starred review

The Anthropocene is the current geologic age, in which humans have profoundly reshaped the planet and its biodiversity. In this remarkable symphony of essays adapted and expanded from his groundbreaking podcast, bestselling author John Green reviews different facets of the human-centered planet on a five-star scale—from the QWERTY keyboard and sunsets to Canada geese and Penguins of Madagascar. Funny, complex, and rich with detail, the reviews chart the contradictions of contemporary humanity. As a species, we are both far too powerful and not nearly powerful enough, a paradox that came into sharp focus as we faced a global pandemic that both separated us and bound us together. John Green’s gift for storytelling shines throughout this masterful collection. The Anthropocene Reviewed is a open-hearted exploration of the paths we forge and an unironic celebration of falling in love with the world.

Switch Chip Heath 2010-02-16 Why is it so hard to make lasting changes in our

companies, in our communities, and in our own lives? The primary obstacle is a conflict that's built into our brains, say Chip and Dan Heath, authors of the critically acclaimed bestseller *Made to Stick*. Psychologists have discovered that our minds are ruled by two different systems - the rational mind and the emotional mind—that compete for control. The rational mind wants a great beach body; the emotional mind wants that Oreo cookie. The rational mind wants to change something at work; the emotional mind loves the comfort of the existing routine. This tension can doom a change effort - but if it is overcome, change can come quickly. In *Switch*, the Heaths show how everyday people - employees and managers, parents and nurses - have united both minds and, as a result, achieved dramatic results:

- The lowly medical interns who managed to defeat an entrenched, decades-old medical practice that was endangering patients
- The home-organizing guru who developed a simple technique for overcoming the dread of housekeeping
- The manager who transformed a lackadaisical customer-support team into service zealots by removing a standard tool of customer service

In a compelling, story-driven narrative, the Heaths bring together decades of counterintuitive research in psychology, sociology, and other fields to shed new light on how we can effect transformative change. *Switch* shows that successful changes follow a pattern, a pattern you can use to make the changes that matter to you, whether your interest

is in changing the world or changing your waistline.

Tiny Habits B. J. Fogg 2019 The world's leading expert on habit formation shows how you can have a happier, healthier life: by starting small. Myth: Change is hard. Reality: Change can be easy if you know the simple steps of Behavior Design. Myth: It's all about willpower. Reality: Willpower is fickle and finite, and exactly the wrong way to create habits. Myth: You have to make a plan and stick to it. Reality: You transform your life by starting small and being flexible. BJ FOGG is here to change your life--and revolutionize how we think about human behavior. Based on twenty years of research and Fogg's experience coaching more than 40,000 people, Tiny Habits cracks the code of habit formation. With breakthrough discoveries in every chapter, you'll learn the simplest proven ways to transform your life. Fogg shows you how to feel good about your successes instead of bad about your failures. Already the habit guru to companies around the world, Fogg brings his proven method to a global audience for the first time. Whether you want to lose weight, de-stress, sleep better, or be more productive each day, Tiny Habits makes it easy to achieve.

The World Book Encyclopedia 2002 An encyclopedia designed especially to meet the needs of elementary, junior high, and senior high school students.

Empires and Colonies Jonathan Hart 2014-02-06 Empires and Colonies provides a

thoroughgoing and lively exploration of the expansion of the seaborne empires of western Europe from the fifteenth century and how that process of expansion affected the world, including its successor, the United States. Whilst providing special attention to Europe, the book is careful to highlight the ambivalence and contradiction of that expansion. The book also illuminates connections between empires and colonies as a theme in history, concentrating on culture while also discussing the rich social, economic and political dimensions of the story. Furthermore, *Empires and Colonies* recognizes that whilst a study of the expansion of Europe is an important part of world history, it is not a history of the world per se. The focus on culture is used to assert that areas and peoples that lack great economic power at any given time also deserve attention. These alternative voices of slaves, indigenous peoples and critics of empire and colonization are an important and compelling element of the book. *Empires and Colonies* will be essential reading not only for students of imperial history, but also for anyone interested in the makings of our modern world.

Axel Honneth Christopher Zurn 2015-04-22 With his insightful and wide-ranging theory of recognition, Axel Honneth has decisively reshaped the Frankfurt School tradition of critical social theory. Combining insights from philosophy, sociology, psychology, history, political economy, and cultural critique, Honneth's work

proposes nothing less than an account of the moral infrastructure of human sociality and its relation to the perils and promise of contemporary social life. This book provides an accessible overview of Honneth's main contributions across a variety of fields, assessing the strengths and weaknesses of his thought. Christopher Zurn clearly explains Honneth's multi-faceted theory of recognition and its relation to diverse topics: individual identity, morality, activist movements, progress, social pathologies, capitalism, justice, freedom, and critique. In so doing, he places Honneth's theory in a broad intellectual context, encompassing classic social theorists such as Kant, Hegel, Marx, Freud, Dewey, Adorno and Habermas, as well as contemporary trends in social theory and political philosophy. Treating the full range of Honneth's corpus, including his major new work on social freedom and democratic ethical life, this book is the most up-to-date guide available. Axel Honneth will be invaluable to students and scholars working across the humanities and social sciences, as well as anyone seeking a clear guide to the work of one of the most influential theorists writing today.

An Absolutely Remarkable Thing Hank Green 2018-09-25 IF YOU CAME ACROSS AN ABSOLUTELY REMARKABLE THING AT 3 A.M. IN NEW YORK CITY . . . WOULD YOU KEEP WALKING? OR DO THE ONE THING THAT WOULD CHANGE YOUR LIFE FOREVER? ***** The Carls just

appeared . . . While roaming the streets of New York City at 3 a.m., twenty-three-year-old April May stumbles across a giant sculpture she calls Carl. Delighted by its appearance - like a ten-foot-tall Transformer wearing a suit of samurai armour - April and her friend Andy make a video with it, which Andy uploads to YouTube. The next day April wakes up to a viral video and a new life. There are Carls in dozens of cities around the world - everywhere from Beijing to Buenos Aires - and April, as their first documentarian, finds herself at the centre of an international media spotlight. Now April has to deal with the pressure on her relationships, her identity and her safety that this new position brings, all while being on the front lines of the quest to find out not just what the Carls are, but what they want from us . . . Compulsively entertaining and powerfully relevant, *An Absolutely Remarkable Thing* grapples with how the social internet is changing fame and radicalisation; how our culture deals with fear and uncertainty; and how vilification and adoration can follow a life in the public eye. ***** 'A fun, contemporary adventure that cares about who we are as humans, especially when faced with remarkable events' Kirkus (starred review) 'Hank Green hasn't just written a great mystery adventure (though he has), and he hasn't just written the most interesting meditation on the internet and fame I've ever seen (but he did that too), Hank has written a book [that] expands your mind while taking you on a hell of a ride' Joseph

Fink, author of *Welcome to Night Vale* 'An Absolutely Remarkable Thing is pure book joy' Lev Grossman, #1 New York Times bestselling author of the *Magicians* Trilogy 'Fun and full of truth. To be honest, I'm a little irritated at how good the book is. I don't need this kind of competition' Patrick Rothfuss, #1 New York Times bestselling author of *The Kingkiller Chronicles*

Think Like a Monk Jay Shetty 2020-09-08 Jay Shetty, social media superstar and host of the #1 podcast *On Purpose*, distills the timeless wisdom he learned as a monk into practical steps anyone can take every day to live a less anxious, more meaningful life. When you think like a monk, you'll understand: -How to overcome negativity -How to stop overthinking -Why comparison kills love -How to use your fear -Why you can't find happiness by looking for it -How to learn from everyone you meet -Why you are not your thoughts -How to find your purpose -Why kindness is crucial to success -And much more... Shetty grew up in a family where you could become one of three things—a doctor, a lawyer, or a failure. His family was convinced he had chosen option three: instead of attending his college graduation ceremony, he headed to India to become a monk, to meditate every day for four to eight hours, and devote his life to helping others. After three years, one of his teachers told him that he would have more impact on the world if he left the monk's path to share his experience and wisdom with others. Heavily in debt,

and with no recognizable skills on his re?sume?, he moved back home in north London with his parents. Shetty reconnected with old school friends—many working for some of the world’s largest corporations—who were experiencing tremendous stress, pressure, and unhappiness, and they invited Shetty to coach them on well-being, purpose, and mindfulness. Since then, Shetty has become one of the world’s most popular influencers. In 2017, he was named in the Forbes magazine 30-under-30 for being a game-changer in the world of media. In 2018, he had the #1 video on Facebook with over 360 million views. His social media following totals over 38 million, he has produced over 400 viral videos which have amassed more than 8 billion views, and his podcast, On Purpose, is consistently ranked the world’s #1 Health and Wellness podcast. In this inspiring, empowering book, Shetty draws on his time as a monk to show us how we can clear the roadblocks to our potential and power. Combining ancient wisdom and his own rich experiences in the ashram, Think Like a Monk reveals how to overcome negative thoughts and habits, and access the calm and purpose that lie within all of us. He transforms abstract lessons into advice and exercises we can all apply to reduce stress, improve relationships, and give the gifts we find in ourselves to the world. Shetty proves that everyone can—and should—think like a monk.

Atomic Habits James Clear 2018-10-16 The #1 New York Times bestseller. Over 4

million copies sold! *Tiny Changes, Remarkable Results* No matter your goals, *Atomic Habits* offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to:

- make time for new habits (even when life gets crazy);
- overcome a lack of motivation and willpower;
- design your environment to make success easier;
- get back on track

when you fall off course; ...and much more. Atomic Habits will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

Green Up Your Beauty Pilar Bueno 2015-06-12 + FREE SIRT FOOD Healthy Eating Recipe PDF Book The beauty and personal care business is HUGE. We are set (or set ourselves) ever higher standards and expectations, and we use a LOT of cosmetics and products to try and achieve those aims, at a huge cost to our health, our pocket and the environment. We need to green up our act when it comes to the products we use. DID YOU KNOW: The products you are using to make yourself clean and beautiful contain toxic chemicals that can have an adverse impact on your health and the environment? THIS BOOK WILL HELP YOU: Avoid those nasty chemicals by identifying the ingredients in the product labels EMPOWER YOU: To make good, green, safe choices SHARE WITH YOU: Twenty Five SIMPLE, CHEAP and EASY natural beauty recipes (and tips) that you can make at home using readily available ingredients MAKE YOU: Think about what you put ON and IN your body. Beauty does in fact come from within! We all

want to look our best but, but are we dying to be beautiful? This book will show you the way to a naturally beautiful you without compromising your health or our planet. BUY your Copy Now

She Explores Gale Straub 2019-03-26 For every woman who has ever been called outdoorsy comes a collection of stories that inspires unforgettable adventure.

Beautiful, empowering, and exhilarating, She Explores is a spirited celebration of female bravery and courage, and an inspirational companion for any woman who wants to travel the world on her own terms. Combining breathtaking travel photography with compelling personal narratives, She Explores shares the stories of 40 diverse women on unforgettable journeys in nature: women who live out of vans, trucks, and vintage trailers, hiking the wild, cooking meals over campfires, and sleeping under the stars. Women biking through the countryside, embarking on an unknown road trip, or backpacking through the outdoors with their young children in tow. Complementing the narratives are practical tips and advice for women planning their own trips, including: • Preparing for a solo hike • Must-haves for a road-trip kitchen • Planning ahead for unknown territory • Telling your own story A visually stunning and emotionally satisfying collection for any woman craving new landscapes and adventure.

The Fourth Industrial Revolution Klaus Schwab 2017-01-03 The founder and

executive chairman of the World Economic Forum on how the impending technological revolution will change our lives We are on the brink of the Fourth Industrial Revolution. And this one will be unlike any other in human history. Characterized by new technologies fusing the physical, digital and biological worlds, the Fourth Industrial Revolution will impact all disciplines, economies and industries - and it will do so at an unprecedented rate. World Economic Forum data predicts that by 2025 we will see: commercial use of nanomaterials 200 times stronger than steel and a million times thinner than human hair; the first transplant of a 3D-printed liver; 10% of all cars on US roads being driverless; and much more besides. In *The Fourth Industrial Revolution*, Schwab outlines the key technologies driving this revolution, discusses the major impacts on governments, businesses, civil society and individuals, and offers bold ideas for what can be done to shape a better future for all.

What's Your Green Goldfish? Stan Phelps 2013-03-01 What's Your Green Goldfish is based on the simple premise that employees are the key drivers of customer experience and that "Happy Employees Create Happy Customers." The book focuses on 15 different ways to drive employee engagement and reinforce a strong corporate culture. It's the second book in the goldfish trilogy. The first book was an Amazon Best Seller entitled, *What's Your Purple Goldfish*. Purple focused

on customers, whereby Green focuses on employees. Both books are based on a revolutionary new approach called marketing g.l.u.e. (marketing by giving little unexpected extras). The book is based on the findings of the Green Goldfish Project, an effort which crowd sourced 1,001 examples of signature added value for employees. Key themes emerged from the Project. The book is filled with over 200 examples. PRAISE FOR WHAT'S YOUR GREEN GOLDFISH "Stan is the sherpa that guides executives along the journey between the heart and mind of business stakeholders. Stakeholders aren't always customers though. At a time when company vision and culture matters more than ever, it takes inspired and engaged employees to bring them to life." - Brian Solis, author of What's the Future of Business #WTF, The End of Business as Usual and Engage "So often overlooked, and so very vital to building company value... empowering employees to support each other and the brand. Stan Phelps 'gets' it and Green Goldfish will walk you step-by-step though achieving this critical goal." - Ted Rubin, author of Return on Relationship "Great customer centric organizations only exist because of engaged and empowered employees. The Green Goldfish is packed with awesome examples of what world class companies are doing today to inspire and reward their employees. If you see value in truly building an "A Team," Green Goldfish will be, without question, your single best reference." - Chris Zane,

Founder and President of Zane's Cycles, author of Reinventing the Wheel, the Science of Creating Lifetime Customers "Stan Phelps takes customer service to a whole new level by focusing on EMPLOYEE service, and how to do well by your employees - so they take care of your customers. Packed with stories, insights and R.U.L.E.S. any company can follow, this book is a must-read for managers of companies of all shapes and sizes who know that employees don't leave jobs - they leave managers, especially when they don't feel your love and appreciation. Pick this up, and start engaging your team and making more GREEN - Phil Gerbyshak, author of The Naked Truth of Social Media "Our large-scale research shows unequivocally that engaged employees are more likely to work longer, try harder, make more suggestions for improvement, recruit others to join their company, and go out of their way to help customers. They even take less sick time. Companies can tap into the enormous value of engaged employees by following the 15 ideas that Stan lays out in this book." - Bruce Temkin, author of The Six Laws of Customer Experience "Too often, the actual employment experience delivered on the job does not measure up to the version sold to job candidates during the interview process. In What's Your Green Goldfish, Stan Phelps offers 15 ways to close the gap." - Steve Curtin, author of Delight Your Customers: 7 Simple Ways to Raise Your Customer Service from Ordinary to

Extraordinary (AMACOM, June 2013) "In What's Your Green Goldfish, Stan Phelps brilliantly applies the idea of 'doing a little something extra' for employees. You know, those people that actually get the work done and keep customers happy. Read it, put some of the ideas to work, and soon you'll be reaping more 'green' from your customers." - Bob Thompson, Founder and CEO, CustomerThink Corp.

Managing in a VUCA World Oliver Mack 2015-07-15 This book examines volatility, uncertainty, complexity and ambiguity (VUCA) and addresses the need for broader knowledge and application of new concepts and frameworks to deal with unpredictable and rapid changing situations. The premises of VUCA can shape all aspects of an organization. To cover all areas, the book is divided into six sections. Section 1 acts as an introduction to VUCA and complexity. It reviews ways to manage complexity, while providing examples for tools and approaches that can be applied. The main focus of Section 2 is on leadership, strategy and planning. The chapters in this section create new approaches to handle VUCA environments pertaining to these areas including using the Tetralemma logics, tools from systemic structural constellation (SySt) approach of psychotherapy and organizational development, to provide new ideas for the management of large strategic programs in organizations. Section 3 considers how marketing and sales

are affected by VUCA, from social media's influence to customer value management. Operations and cost management are highlighted in Section 4. This section covers VUCA challenges within global supply chains and decision-oriented controlling. In Section 5 organizational structure and process management are showcased, while Section 6 is dedicated to addressing the effects of VUCA in IT, technology and data management. The VUCA forces present businesses with the need to move from linear modes of thought to problem solving with synthetic and simultaneous thinking. This book should help to provide some starting points and ideas to deal with the next era. It should not be understood as the end of the road, but as the beginning of a journey exploring and developing new concepts for a new way of management.

Before We Were Strangers Renée Carlino 2015-08-18 From the USA TODAY bestselling author of Sweet Thing and Nowhere But Here comes a love story about a Craigslist "missed connection" post that gives two people a second chance at love fifteen years after they were separated in New York City. To the Green-eyed Lovebird: We met fifteen years ago, almost to the day, when I moved my stuff into the NYU dorm room next to yours at Senior House. You called us fast friends. I like to think it was more. We lived on nothing but the excitement of finding ourselves through music (you were obsessed with Jeff Buckley), photography (I couldn't stop

taking pictures of you), hanging out in Washington Square Park, and all the weird things we did to make money. I learned more about myself that year than any other. Yet, somehow, it all fell apart. We lost touch the summer after graduation when I went to South America to work for National Geographic. When I came back, you were gone. A part of me still wonders if I pushed you too hard after the wedding... I didn't see you again until a month ago. It was a Wednesday. You were rocking back on your heels, balancing on that thick yellow line that runs along the subway platform, waiting for the F train. I didn't know it was you until it was too late, and then you were gone. Again. You said my name; I saw it on your lips. I tried to will the train to stop, just so I could say hello. After seeing you, all of the youthful feelings and memories came flooding back to me, and now I've spent the better part of a month wondering what your life is like. I might be totally out of my mind, but would you like to get a drink with me and catch up on the last decade and a half? M

The Negro Motorist Green Book Victor H. Green The idea of "The Green Book" is to give the Motorist and Tourist a Guide not only of the Hotels and Tourist Homes in all of the large cities, but other classifications that will be found useful wherever he may be. Also facts and information that the Negro Motorist can use and depend upon. There are thousands of places that the public doesn't know about and aren't

listed. Perhaps you know of some? If so send in their names and addresses and the kind of business, so that we might pass it along to the rest of your fellow Motorists. You will find it handy on your travels, whether at home or in some other state, and is up to date. Each year we are compiling new lists as some of these places move, or go out of business and new business places are started giving added employment to members of our race.

SuperLife Darin Olien 2015-02-10 In this groundbreaking health and lifestyle guide, Darin Olien—superfoods expert, nutritionist, creator of Shakeology, and co-host of the Netflix docuseries Down to Earth with Zac Efron—provides the key to understanding and utilizing five life forces, the sole factors that determine whether or not we will be healthy, fit, and free of illness. In Superlife, Darin Olien provides us with an entirely new way of thinking about health and wellbeing by identifying what he calls the life forces: Quality Nutrition, Hydration, Detoxification, Oxygenation, and Alkalization. Olien demonstrates in great detail how to maintain these processes, thereby allowing our bodies to do the rest. He tells us how we can maintain healthy weight, prevent even the most serious of diseases, and feel great. He explains that all of this is possible without any of the restrictive or gimmicky diet plans that never work in the long term. Olien has traveled the world, exploring the health properties of foods that have sustained indigenous cultures for

centuries. Putting his research into practice, he has created a unique and proven formula for maximizing our bodies' potential. He also includes a "How-to-eat" user's guide with a shopping list, advice on "what to throw away," a guide to creating a healthy, balanced diet plan, and advice on how to use supplements effectively. Written in Olien's engaging conversational style, Superlife is a one-of-a-kind comprehensive look at dieting and nutrition, a timeless and essential guide to maintaining the human body and maximizing its potential.

Digital Minimalism Cal Newport 2019-02-05 'A presence on the page, Newport is exceptional in the realm of self-help authors' - New York Times 'Cal Newport is a clear voice in a sea of noise, bringing science and passion in equal measure' - Seth Godin, entrepreneur and author of Purple Cow 'A compelling case for cultivating intense focus, and offers immediately actionable steps for infusing more of it into our lives' - Adam Grant, author of Originals on Deep Work Turn off notifications, don't bring your smartphone into the bedroom, check Twitter less often. Chances are you've already heard these tips intended to help control your digital addiction. But they aren't enough. In Digital Minimalism, computer science professor Cal Newport provides a radical new solution to help us embrace and not be enslaved by technology: a 30 day digital detox. Newport explains how to use this offline period to evaluate what we want to use the Internet for so that when we

come back online, we spend our time wisely on a small number of carefully crafted activities that connect us to things and people we truly value. With easily implementable tips and practices like replacing web surfing with reading rituals, scheduling when we use digital tools (not when we take breaks from them), never leaving or reading comments on social media, and focusing on creation not consumption, you'll learn how to use and integrate technology into a life well-lived. Read *Digital Minimalism* and you'll never again sacrifice your productivity to clickbait, or lose 40 minutes of your evening to Instagram.

World Social Report 2020 Department of Economic and Social Affairs 2020-02-14
This report examines the links between inequality and other major global trends (or megatrends), with a focus on technological change, climate change, urbanization and international migration. The analysis pays particular attention to poverty and labour market trends, as they mediate the distributional impacts of the major trends selected. It also provides policy recommendations to manage these megatrends in an equitable manner and considers the policy implications, so as to reduce inequalities and support their implementation.

100 Life-Changing Tips Using Microsoft Office for Windows Vickie Evans 2017-09-08
¿100 Tips¿ is a tips & tricks guide for Microsoft Office PC designed for busy professionals who want to get more done in less time! Whether you are an expert

or just getting by, this full-color guide includes the most relevant and practical tips you need using the software you're most familiar with. Plus, it introduces you to latest features that you won't want to miss! The full-color guide includes step by step instructions, screenshots, multi-version support indicating when a tip applies to previous versions of the technology, MOS certification exam mapping, and lots of extra hints and suggestions.

Trash Talk Dave Brummet 2004 North Americans are overwhelmed by the immense environmental problems our world faces yet studies report that 66% would do more if they knew it had a measurable impact. Psychologists have long known that simply performing one small step will aid in defining a positive outlook on life and will inspire further participation from the individual. Trash Talk is about changing people's mind-sets by providing thought-provoking ideas that inspire readers to participate from the ground level in their waste reduction efforts. All the ideas are relatively simple and do not require any special skills or tools.

Proxy Warfare Andrew Mumford 2013-07-10 Proxy wars represent a perennial strand in the history of conflict. The appeal of 'warfare on the cheap' has proved an irresistible strategic allure for nations through the centuries. However, proxy wars remain a missing link in contemporary war and security studies. In this timely book Andrew Mumford sheds new light on the dynamics and lineage of proxy warfare

from the Cold War to the War on Terror, whilst developing a cogent conceptual framework to explain their appeal. Tracing the political and strategic development of proxy wars throughout the last century, they emerge as a dominant characteristic of contemporary conflict. The book ably shows how proxy interventions often prolong existing conflicts given the perpetuity of arms, money and sometimes proxy fighters sponsored by third party donors. Furthermore, it emphasizes why, given the direction of the War on Terror, the rise of China as a global power, and the prominence now achieved by non-state actors in the 'Arab Spring', the phenomenon of proxy warfare is increasingly relevant to understandings of contemporary security. Proxy Warfare is an indispensable guide for students and scholars interested in the evolution and potential future direction of war and conflict in the modern world.

Ask a Manager Alison Green 2018-05-01 'I'm a HUGE fan of Alison Green's "Ask a Manager" column. This book is even better' Robert Sutton, author of The No Asshole Rule and The Asshole Survival Guide 'Ask A Manager is the book I wish I'd had in my desk drawer when I was starting out (or even, let's be honest, fifteen years in)' - Sarah Knight, New York Times bestselling author of The Life-Changing Magic of Not Giving a F*ck A witty, practical guide to navigating 200 difficult professional conversations Ten years as a workplace advice columnist has taught

Alison Green that people avoid awkward conversations in the office because they don't know what to say. Thankfully, Alison does. In this incredibly helpful book, she takes on the tough discussions you may need to have during your career. You'll learn what to say when: · colleagues push their work on you - then take credit for it · you accidentally trash-talk someone in an email and hit 'reply all' · you're being micromanaged - or not being managed at all · your boss seems unhappy with your work · you got too drunk at the Christmas party With sharp, sage advice and candid letters from real-life readers, *Ask a Manager* will help you successfully navigate the stormy seas of office life.

The Simple Path to Wealth JL Collins 2021-08-16 "In the dark, bewildering, trap-infested jungle of misinformation and opaque riddles that is the world of investment, JL Collins is the fatherly wizard on the side of the path, offering a simple map, warm words of encouragement and the tools to forge your way through with confidence. You'll never find a wiser advisor with a bigger heart." -- Malachi Rempen: Filmmaker, cartoonist, author and self-described ruffian This book grew out of a series of letters to my daughter concerning various things- mostly about money and investing-she was not yet quite ready to hear. Since money is the single most powerful tool we have for navigating this complex world we've created, understanding it is critical. "But Dad," she once said, "I know money

is important. I just don't want to spend my life thinking about it." This was eye-opening. I love this stuff. But most people have better things to do with their precious time. Bridges to build, diseases to cure, treaties to negotiate, mountains to climb, technologies to create, children to teach, businesses to run. Unfortunately, benign neglect of things financial leaves you open to the charlatans of the financial world. The people who make investing endlessly complex, because if it can be made complex it becomes more profitable for them, more expensive for us, and we are forced into their waiting arms. Here's an important truth: Complex investments exist only to profit those who create and sell them. Not only are they more costly to the investor, they are less effective. The simple approach I created for her and present now to you, is not only easy to understand and implement, it is more powerful than any other. Together we'll explore: Debt: Why you must avoid it and what to do if you have it. The importance of having F-you Money. How to think about money, and the unique way understanding this is key to building your wealth. Where traditional investing advice goes wrong and what actually works. What the stock market really is and how it really works. Why the stock market always goes up and why most people still lose money investing in it. How to invest in a raging bull, or bear, market. Specific investments to implement these strategies. The Wealth Building and Wealth Preservation phases of your investing

life and why they are not always tied to your age. How your asset allocation is tied to those phases and how to choose it. How to simplify the sometimes confusing world of 401(k), 403(b), TSP, IRA and Roth accounts. TRFs (Target Retirement Funds), HSAs (Health Savings Accounts) and RMDs (Required Minimum Distributions). What investment firm to use and why the one I recommend is so far superior to the competition. Why you should be very cautious when engaging an investment advisor and whether you need to at all. Why and how you can be conned, and how to avoid becoming prey. Why I don't recommend dollar cost averaging. What financial independence looks like and how to have your money support you. What the 4% rule is and how to use it to safely spend your wealth. The truth behind Social Security. A Case Study on how this all can be implemented in real life. Enjoy the read, and the journey!

Living the Green Platform Declan Coyle 2018

Economy and State Nina Bandelj 2013-05-08 Should governments be involved in economic affairs? Challenging prevailing wisdom about the benefits of self-regulating markets, Nina Bandelj and Elizabeth Sowers offer a uniquely sociological perspective to emphasize that states can never be divorced from economy. From defining property rights and regulating commodification of labor to setting corporate governance standards and international exchange rules, the

state continuously manages the functioning of markets and influences economic outcomes for individuals, firms and nations. The authors bring together classical interventions and cutting-edge contemporary research in economic sociology to discuss six broad areas of economy/state connection: property, money, labor, firms, national economic growth, and global economic exchange. A wealth of empirical examples and illustrations reveals that even if the nature of state influence on economy varies across contexts, it is always dependent on social forces. This accessible and engaging book will be essential reading for upper-level students of economic sociology, and those interested in the major economic dilemmas of our times. .

Platform Revolution: How Networked Markets Are Transforming the Economy and How to Make Them Work for You Geoffrey G. Parker 2016-03-28 A practical guide to the new economy that is transforming the way we live, work, and play. Uber. Airbnb. Amazon. Apple. PayPal. All of these companies disrupted their markets when they launched. Today they are industry leaders. What's the secret to their success? These cutting-edge businesses are built on platforms: two-sided markets that are revolutionizing the way we do business. Written by three of the most sought-after experts on platform businesses, Platform Revolution is the first authoritative, fact-based book on platform models. Whether platforms are

connecting sellers and buyers, hosts and visitors, or drivers with people who need a ride, Geoffrey G. Parker, Marshall W. Van Alstyne, and Sangeet Paul Choudary reveal the what, how, and why of this revolution and provide the first “owner’s manual” for creating a successful platform business. Platform Revolution teaches newcomers how to start and run a successful platform business, explaining ways to identify prime markets and monetize networks. Addressing current business leaders, the authors reveal strategies behind some of today’s up-and-coming platforms, such as Tinder and SkillShare, and explain how traditional companies can adapt in a changing marketplace. The authors also cover essential issues concerning security, regulation, and consumer trust, while examining markets that may be ripe for a platform revolution, including healthcare, education, and energy. As digital networks increase in ubiquity, businesses that do a better job of harnessing the power of the platform will win. An indispensable guide, Platform Revolution charts out the brilliant future of platforms and reveals how they will irrevocably alter the lives and careers of millions.

Future War Christopher Coker 2015-11-12 Will tomorrow's wars be dominated by autonomous drones, land robots and warriors wired into a cybernetic network which can read their thoughts? Will war be fought with greater or lesser humanity? Will it be played out in cyberspace and further afield in Low Earth Orbit? Or will it

be fought more intensely still in the sprawling cities of the developing world, the grim black holes of social exclusion on our increasingly unequal planet? Will the Great Powers reinvent conflict between themselves or is war destined to become much 'smaller' both in terms of its actors and the beliefs for which they will be willing to kill? In this illuminating new book Christopher Coker takes us on an incredible journey into the future of warfare. Focusing on contemporary trends that are changing the nature and dynamics of armed conflict, he shows how conflict will continue to evolve in ways that are unlikely to render our century any less bloody than the last. With insights from philosophy, cutting-edge scientific research and popular culture, *Future War* is a compelling and thought-provoking meditation on the shape of war to come.

World Development Report 2019 World Bank 2018-10-31 Work is constantly reshaped by technological progress. New ways of production are adopted, markets expand, and societies evolve. But some changes provoke more attention than others, in part due to the vast uncertainty involved in making predictions about the future. The 2019 World Development Report will study how the nature of work is changing as a result of advances in technology today. Technological progress disrupts existing systems. A new social contract is needed to smooth the transition and guard against rising inequality. Significant investments in human capital

throughout a person's lifecycle are vital to this effort. If workers are to stay competitive against machines they need to train or retool existing skills. A social protection system that includes a minimum basic level of protection for workers and citizens can complement new forms of employment. Improved private sector policies to encourage startup activity and competition can help countries compete in the digital age. Governments also need to ensure that firms pay their fair share of taxes, in part to fund this new social contract. The 2019 World Development Report presents an analysis of these issues based upon the available evidence.

Be: A No-Bullsh*t Guide to Increasing Your Self Worth and Net Worth by Simply Being Yourself Jessica Zweig 2021-02-16 Build your confidence, increase your value, and make a lasting impact—a brand authenticity expert shares her most powerful secrets. Everyone in marketing is talking “authenticity.” Which means making a personal or professional brand should be simpler than ever, right? What could be easier than “being yourself?” Simple? Sure. But easy? Not so much. Why? Because authenticity is unfiltered, unapologetic, and honest. Authenticity owns its imperfections and takes responsibility for mistakes. It shows up on the good and bad days. In short, authenticity feels scary. No wonder we try to brand ourselves as someone else we think will be more appealing than our real selves. Jessica Zweig founded the SimplyBe. agency to revolutionize an authenticity-first

approach to branding. With *Be: A No-Bullsh*t Guide to Increasing Your Self Worth and Net Worth by Simply Being Yourself*, she shares her most powerful secrets for building authenticity, service, and real connection into your winning brand. “I’m opening up the freakin’ vault to SimplyBe.’s best-in-class, trademarked methodologies, tools, and frameworks for clearing away everything that’s keeping the real you from shining through,” she says, including: **Branding Reinvented**—Forget the hacks and tricks, it’s time to learn what personal branding is really about. **Embracing Your Sh*t**—All that stuff you think you need to hide? That’s actually your most important resource! **Your Vibe Attracts Your Tribe**—Learn to magnetize the people who most want to support you (and they’re out there). **Your Personal Brand Hologram®**—SimplyBe.’s universal framework can crystallize your utterly unique brand platform. **The Supernova™**—Create winning content with the secret sauce of consistency and clarity. **The Pinnacle Content Framework™**—Take the stress out of strategy and find the most direct, effective path toward your goals. **Getting Social Media Right**—Stop chasing trends and learn the 10 sustainable, evergreen principles for online connection. **Living Your Brand**—Take your authentic personal brand where it matters most: offline and into your relationships, your workplace, and the way you show up in the world. “We are living at an inflection point,” says Jessica Zweig. “For any

brand—business or personal—the game is no longer about eyeballs, but engagement. No longer about impressions, but impact. Content is no longer king, clarity is. Your best strategy? Service and generosity. Your best solution? Authenticity.” Here is a powerful guide for connecting with others, changing lives, and moving the world forward as only you can.

The Comfort of Things Daniel Miller 2013-04-24 What do we know about ordinary people in our towns and cities, about what really matters to them and how they organize their lives today? This book visits an ordinary street and looks into thirty households. It reveals the aspirations and frustrations, the tragedies and accomplishments that are played out behind the doors. It focuses on the things that matter to these people, which quite often turn out to be material things – their house, the dog, their music, the Christmas decorations. These are the means by which they express who they have become, and relationships to objects turn out to be central to their relationships with other people – children, lovers, brothers and friends. If this is a typical street in a modern city like London, then what kind of society is this? It’s not a community, nor a neighbourhood, nor is it a collection of isolated individuals. It isn’t dominated by the family. We assume that social life is corrupted by materialism, made superficial and individualistic by a surfeit of consumer goods, but this is misleading. If the street isn’t any of these things, then

what is it? This brilliant and revealing portrayal of a street in modern London, written by one of the most prominent anthropologists, shows how much is to be gained when we stop lamenting what we think we used to be and focus instead on what we are now becoming. It reveals the forms by which ordinary people make sense of their lives, and the ways in which objects become our companions in the daily struggle to make life meaningful.

Drawdown Paul Hawken 2018-02-22 NEW YORK TIMES BESTSELLER For the first time ever, an international coalition of leading researchers, scientists and policymakers has come together to offer a set of realistic and bold solutions to climate change. All of the techniques described here - some well-known, some you may have never heard of - are economically viable, and communities throughout the world are already enacting them. From revolutionizing how we produce and consume food to educating girls in lower-income countries, these are all solutions which, if deployed collectively on a global scale over the next thirty years, could not just slow the earth's warming, but reach drawdown: the point when greenhouse gasses in the atmosphere peak and begin to decline. So what are we waiting for?